

## PEAK DISTRICT

**BE  
INSPIRED**



### COURSE DESCRIPTION

Fancy an adventure? Get out of the office and try something new and exciting in the beautiful Peak District National Park. Based at the Loose-hill hostel in Castleton, Derbyshire this leadership development and teamwork course will give your team the chance to explore their strengths and weaknesses whilst working closely in a team with their peers. The course will take the team to locations such as Wind-gather Edge for Rock Climbing and Abseiling, Errwood reservoir in the Goyt Valley for rafting and races and the Goyt Valley for our Adventure Trek.

Venture Force will provide fully qualified leaders in addition leadership development facilitators to help your team achieve more from the course. We also want you to have fun!

**Please note:** This is an example course and we would be happy to discuss variations on a theme to help you get out of it what you want. The learning outcomes and focus can be adjusted dependent on your needs.

### THE NUTS AND BOLTS

**Location:** Loose-hill Hostel, Hope Valley, Derbyshire, S33 8WB

**Cost:** Please ask us for a quote, dependent on the number of participants and activities.

**Timing:** Can be completed over a weekend or on two consecutive weekdays (or longer).

**Food and Drink:** To be agreed with Venture Force. Most food and drink will however be provided.

**YOUR ADVENTURE IS WAITING...**

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### EXAMPLE PROGRAMME OUTLINE

#### ROCK CLIMBING

Wind-gather Edge crag really is a premier climbing location commanding views over the beautiful Peak District National Park and the famous Goyt Valley. Providing a whole range of climbing activities, the crag is perfectly suited to our needs; Bouldering, Climbing and Abseiling. Our technical advisors, leaders and facilitators will use these locations to test individuals and the team as a whole.

#### ADVENTURE TREK

The land of the Goyt Valley surrounds the Errwood reservoir and borders Wind-Gather Edge and is a dramatic landscape which offers Venture Force the perfect environment for an Adventure Trek. During the trek the teams will be put through various test and challenges.

#### RAFT BUILDING

On the shores of the Errwood reservoir, the teams will undertake a raft building challenge. Having been coached in the correct methods of raft building each team will be given challenges that will test their construction techniques, team work and determination.

#### TEAM BUILDING CHALLENGES

In addition to the aforementioned activities, we would be happy to plan additional challenges and games which are designed to test and develop skills such as team work, communication, listening, self-awareness, values and leadership.

#### FACILITATION

Venture Force will provide an experienced Leadership Development Facilitator to guide the teams toward the company's desired outcomes. These course outcomes and the focus of the facilitation will be agreed with Company in advance.

## WHAT ARE YOU WAITING FOR?

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